

Week 6

S- SURRENDER what you have so meticulously planned. Surrender that you KNOW how and why. Trust that Source and the Divine will guide you towards your highest good and usually it is better than you can figure out. Deep within your heart, let go...

In this, our final week of the program, the Angels are guiding us to Surrender, which is the culmination of all the previous weeks' lessons and in many ways includes everything we have worked on so far. This week's lesson is to Surrender. When we truly Surrender to the Divine flow that is never-ending and constant, then we come into **Alignment** with Source. It is when we begin to be in alignment that we begin to **Notice** the world and ourselves in a brand new way. As this new perspective takes place we honor ourselves and others enough and naturally **Give**, which in turn allows us to begin to feel free enough to **Engage** in life in ways we never dreamed possible.

This engagement shows us how to genuinely **Love** ourselves, our lives and others. Feeling that genuine love, we then have nothing to prove, which allows the ego let go. And it is when we let go of the ego, that we can truly Surrender...



You see, as we come to our final lesson, this course is a little like - did the chicken come first or the egg? We could ponder that forever, but truly it doesn't matter because in reality there is no beginning and no end in the Divine order. There just IS. This is the ultimate I AM presence that is often spoken of in spirituality or, as I have alluded to during this course,

“the you of the you of the you”.

This never-ending flow of life, love, well-being and growth is constantly present. We just need the eyes to *see* it. When we have those eyes, it becomes evident that it was always there waiting for us to surrender to its perfection.

The idea of surrender can be a direct affront to our ego which would prefer everything to be planned out with specific actions that yield specific results. When we can see a “plan” we feel safe and secure. The only problem with this way of going through life is that it doesn't allow for the fact that life on Earth is not consistent and rarely rational, no matter how much we would like it to be. The best laid plans...well you know the rest.



Whether or not we are aware, our ego has assigned meaning to almost everything in life based on our experiences and personal history. In assigning our own meaning to all of these things, experiences and people in life, we limit what the Divine is actually revealing to us. We have so carefully constructed an illusion of what life is by this assignment of meaning, but what we are really doing is cutting off the flow of the Divine, because our meanings can rarely reveal all that the Divine has for us.

It's by letting go, or surrendering these self made meanings to everything, that we gain new eyes. It's as if we are re-born to ourselves and the world. The new self that is revealed is peaceful, passionate, purposeful and ultimately much more powerful in the true sense of the word, because this true self has nothing to prove and nothing to get, or strive for. This true self has only to sense its unique gifts that it came here to share to enjoy this amazing experience of life in the present moment.

When this true self becomes the dominant self, it is as if the gifts of Heaven are bestowed upon the world *through* us and it is then that we are truly Creating Heaven on Earth...



The Archangel that will assist us this week is Archangel Gabriel. The name Gabriel means the “Strength of God”, but Gabriel is traditionally known as the messenger Angel.

As we have said before, the Angels are androgynous, at their essence, but Archangel Gabriel is very often portrayed as a female.



This female orientation tends to fit many of the aspects of what Gabriel helps us with, such as, childbirth, the announcing of new souls coming onto the earth, as well as accompanying them when they leave. All these aspects lend to her ultimate maternal feeling.



In one of the most famous scenes in Christianity, Gabriel gave the Virgin Mary the news that she would soon give birth to the son of God and he shall be named Jesus. As you may know, this major event is known as the *annunciation*, and is one of the most celebrated days and most recreated events in art throughout modern history.

In Islam it is Gabriel who revealed the Qur'an to Muhammad. These two pinnacles in spirituality make it quite obvious that the label of messenger is also very well deserved.

The idea that it is Gabriel, who announces life and then helps life to return to the Divine, makes it clear that she has a major role in our lives and the reasons why we have come here on the Earth. Along with Archangel Uriel, who guides us to live in the world and still stay connected to our spiritual home, Gabriel can be significant in getting in touch with our purpose here in this lifetime.

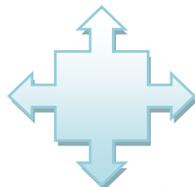
Gabriel's element is the element of water, which is characterized by emotions and strong feelings. It is by connecting with her that we can better get into the flow of life, as if we are on an amazing river yet feeling safe, protected and loved at the same time.

Personally, I have found that Gabriel tends to come close to me when I am feeling lost, afraid or just out of sorts. Her gentle, warm and loving presence re-assures me with great emotion to keep moving forward, that I am safe and that no matter what happens I am always loved. What better message can there be than that?

Of all the Archangels that we have worked with in this program it seems appropriate that we end with one of the most reassuring and



loving of all. Her beautiful energy can carry us through almost anything by giving us some of the most direct experiences of unconditional love that the Divine has for us all.



Your Assignments for Week 6

1. Work with the releasing exercise that is on the audio.

Besides meditation, this is one of the best ways that I know to help to consciously let go and surrender places in our lives where we are stuck because of our ego. We want to become open to what the Divine has for us.



2. Say this prayer every day:

“Tell me where to go. Tell me what to do. Tell me what to say and to whom.”

This prayer encompasses the true meaning of surrendering our ego based agendas and instead, following the Divine guidance that is within us at all times. It is our choice whether we follow it or not.

Of all the things that we have done over this course, this *may* be the most powerful and the most life changing because it means being totally vulnerable and trusting. This is a true leap of faith.

Know that as you commit to saying this prayer that you have to be willing to not only hear, but also take the actions that are being given to you. Trust that you are being given Divine guidance, and then act on it. You will always be taken care of. Know in your heart that the Angels always hear you...and now you can hear them too. 😊



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